

WILD

GL1

Tied to the bed

≈ 7 min

Tie your partner's wrists loosely to the headboard with a soft scarf or cuffs that can be easily detached. Only do this if both clearly want it, and agree on a stop word first. Calmly stimulate with hand and mouth, preferably with a vibrator if both want. The bound person can say "stop" at any time, and then you immediately release everything.

WILD

GL2

Calm commands

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Give your partner short, calm messages: "lie down here", "don't move", "breathe calmly". Let your partner follow each message while you touch slowly and control the pace. The partner can say "stop" at any time, and then everything stops immediately.

WILD

GL3

Replace the steering

≈ 7 min

Agree first and agree on a stop word. Only do this if both clearly want it. One takes over all control for five minutes: gives short commands, determines pace and every touch, and the other obeys exactly. Then switch roles. The person following can say "stop" at any time, and then everything stops immediately.

WILD

GL4

She gives up control

≈ 7 min

Let her relinquish control completely. Only do this if both clearly want it, and agree on a stop word first. You decide the pace and all touch to the clitoris and the rest of the body. Keep her on the edge for a long time before you let go. She only chooses tools: hand, mouth or vibrator. She can say "stop" at any time, and then everything stops immediately.

WILD

GL5

Hands above head

≈ 7 min

Ask your partner to put their wrists together above their head and lie still. Only do this if both clearly want it, and agree on a stop word first. Calmly hold them in place with one hand and use the other hand and mouth on him. He can say "stop" at any time, and you'll be released immediately.

WILD

GL6

Bound and blind

≈ 7 min

Secure your partner's wrists loosely with a soft scarf or cuffs and blindfold them. Only do this if both clearly want it, and agree on a stop word first. Touch slowly and unpredictably with hand and mouth. The bound person can say "stop" at any time, and then you immediately release everything.

WILD

GL7

The partner controls everything

≈ 7 min

Let your partner manage everything. Only do this if both clearly want it, and agree on a stop word first. The partner gives short messages about tempo and touch, and you follow exactly without taking over. If you want to have intercourse, your partner controls the depth and speed himself. The partner can say "stop" at any time, and then everything stops immediately.

WILD

GL8

Clap that builds

≈ 7 min

Agree on a stop word before you start, and only do this if both of you clearly want it. Pat the bottom lightly with a flat, cupped hand, one slap at a time, always on the bottom or thigh. Start so lightly that it almost tickles, and only increase the strength when your partner says "more". Stop everything immediately on "stop".

WILD

GL9

Overall hairline

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Gather the hair at the bottom of the head, close to the scalp, and close your hand calmly. Pull evenly and firmly, never a jerk and never against the neck. Hold for a moment, release softly, and again just pull on "more" - immediately stop on "stop".



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GL10

Light biting

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Place your teeth softly against the partner's shoulder or thigh, with light pressure and never against the neck or face. Alternate between gently biting and kissing the same spot. Bite a little harder only on "more", and immediately release on "stop".

WILD

GL11

Firm pinching

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Gently and firmly pinch your partner's chest or inner thigh. Hold the pinch for a moment and release softly. Start barely noticeable, increase the pressure only on "more", go "calmer" when the partner asks for it, and immediately stop on "stop".

WILD

GL12

She races past the top

≈ 7 min

Let her hold the shock wave toy herself and continue past the first orgasm. Lie close, kiss her and hold her around while she controls everything. She goes on only as long as she wants, and immediately lets go of "stop". Agree on the game first, and only if both clearly want it.

WILD

GL13

Double stimulation

≈ 7 min

Gently insert the vibrating dildo into her with plenty of lube, holding the shock wave toy against her clitoris at the same time. She controls both forces with "more", "less" or "stop". Only do this if both clearly want it, and agree on a stop word first.

WILD

GL14

Penis ring and vibrator

≈ 7 min

Put the penis ring on when your partner is ready, and run a vibrator with a little lubricant along the shaft and root of the penis at the same time. The partner controls the vibration with "up", "down" or "stop". Remove the ring immediately in case of pain or numbness. Only do this if both clearly want it.

WILD

GL15

Penis ring during intercourse

≈ 7 min

Have intercourse with the penis ring on him, and hold a vibrator against the clitoris at the same time with calm, rocking movements. She controls the vibration with "more", "less" or "stop". Take the ring off immediately if you feel any discomfort, and do not wear it for too long. Only do this if both clearly want it, and agree on a stop word first.

WILD

GL16

Two toys on him

≈ 7 min

Move a vibrator to the head of the penis and a massage stick to the root of the penis at the same time, with a little lubricant. The partner controls the strength on both with "more", "less" or "stop". Start low and only increase to "more". Only do this if both clearly want it, and agree on a stop word first.

WILD

GL17

One finger, hand on her

≈ 7 min

Agree first and only do this if both clearly want it. Use plenty of lubricant, short nails and gently insert one finger to the first joint. Hold your finger still for a moment while she gets used to it, and gently stroke her clit with your other hand. Small movements only on "more", pull out calmly on "stop".

WILD

GL18

One finger, mouth on her

≈ 7 min

Agree on a stop word and do this only if both clearly want it. Have plenty of lube and short nails ready. Gently insert one finger into the bottom of the first joint and hold it completely still. Place your mouth softly against the clitoris at the same time. Move your finger a little only when she says "more", follow your breath and calmly pull out on "stop".



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GL19

She controls her finger

≈ 7 min

Let her set the pace, and only do this if both clearly want it. Use plenty of lube and short nails, and calmly insert one finger into her ass, only to the first part, when she says "clearly yes". Keep completely quiet until she asks for "more". Place the other hand calmly on the clitoris. Follow her breathing and pull out on "stop".

WILD

GL20

One finger and hand on penis

≈ 7 min

Agree first and only do this if both clearly want it. Use plenty of lubricant, short nails and gently insert one finger to the first joint. Hold your finger completely still for a moment while your partner gets used to it. Gently wrap around the penis with the other hand at the same time. Small movements only on "more", pull out calmly on "stop".

WILD

GL21

One finger, mouth him

≈ 7 min

Agree on a stop word and do this only if both clearly want it. Have plenty of lube and short nails ready. Gently bring one finger in to the first joint and hold it completely still. Use your mouth calmly on him at the same time. Only move your finger a little when he says "more", follow your breath, and calmly pull out on "stop".

WILD

GL22

Back view with hairline

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Have intercourse from behind, gather your partner's hair close to the scalp and pull smoothly and calmly — never against the neck, never in jerks. Place the other hand forward where your partner wants it, and start at a leisurely pace. Pull harder or go faster only on "more", and let go immediately at "stop".

WILD

GL23

Restrained wrist

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. Have sex face-to-face and hold your partner's wrists firmly against the mattress above your head — firm and secure, but easy to break free from. Start calmly and just increase to "more". Let go of the roof immediately at "stop".

WILD

GL24

Deep angle, you control

≈ 8 min

Have intercourse in a deep angle where you control the depth, while the partner has the stopping word. Only do this if both clearly want it, and agree on a stop word first.

Full guidance: see the position library in the rule booklet.

WILD

GL25

Massage stick against the clitoris

≈ 7 min

Agree on a stop word first, and only do this if both clearly want it. The partner chooses a position: on top or in the spoon. Have intercourse while the partner holds a massage stick against the clitoral area. Stay steady and follow your partner's pace so that the stick is at rest. Just increase to "more", and stop everything immediately at "stop".



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