

About the game and rules

Come closer to your spouse. Find your spark again.

The purpose of the game

THE SPARK is a consent-based intimacy game for spouses who want to step out of routines and return to each other. You can use it for flirting, closeness, warming up or intercourse. You decide how far you want to go, and you can stop at any time.

The cards draw on knowledge about couple intimacy, responsive desire, sensual touch and safe communication, with gentle inspiration from classic erotic literature. The goal is not performance or acrobatics. The goal is pleasure, tenderness and listening to what you both enjoy.

Intercourse and love are about more than positions. Use the categories to build anticipation at a pace that suits you: first safe contact, then more direct stimulation if you both want it.

Every card may be skipped

If a card does not suit you, simply say: «Let's choose another.»

It needs no explanation. That is part of the game.

The basic rule

Take turns drawing cards.

The person who draws the card does what it says for their spouse, unless the card clearly says otherwise.

Conversation, pause and adjustment

Talk while you play. The receiver can always ask for more, less, slower, a different angle, a pause or a complete stop. You do not need a safeword.

The person giving should listen and adjust without making it a problem. If anything feels uncertain, pause, hold each other and find out what feels right next.

Categories

Green — Clothes on — flirting, kissing and touching over clothes

In the green category, you keep your clothes on. You can be in the living room, kitchen, hallway, on the sofa or in the bedroom. The cards are about flirting, kissing, closeness and touching over clothes. Notice what she enjoys — it can help you later. When you both want more, move to the yellow category.

Orange — Underwear — intimate touch and light oral pleasure, no penetration

When you move to the orange category, start in underwear. The cards may involve moving or removing underwear, but there should be no penetration. Kissing, touch, external stimulation, light oral sex and using a vibrator on the outside of the body are all possible if you both want them. Let her response set the pace. When you both want more, move to the red category.

Purple — Intercourse — her pleasure first

The purple category is the intercourse category. The positions and techniques are chosen to help her enjoy herself as much as possible: a gentle start, good angles, a hand or vibrator along the way, and clear words. The cards tell you which position to use, and often one of you chooses. Some cards turn the focus around and let her give him pleasure — never at the expense of hers. When you both want to explore a little further, move to the black category.

Wild — The wildest — bold positions, dominance, impact, edging and stronger toys, with a safeword and aftercare

Wild is the game's most intense category. Here you let go of the limits the other categories keep to protect her: stronger sensation, clearer control, bold positions and wilder play. The frame is fixed — both of you must clearly want each card, you agree on a shared safeword before you begin, and "stop" halts everything at once. This is where bold, adventurous positions, firmer guidance and safe restraint, spanking and hair-pulling on safe areas, edging and orgasm control, stronger and paired toys, and anal touch with one finger belong. No breath play, no extreme temperature, never anal sex. Always end with calm aftercare and closeness.

Yellow — A private room — more sensual, still not naked

When you move to the yellow category, go to the bedroom or another private room. You may take off one or more garments, but neither of you should be completely naked. Keep your underwear on. The cards may involve sensual undressing, touching under clothing, kissing, massage and more direct closeness, but you should still not be naked. Use the cards to learn where she likes to be touched. When you both want more, move to the orange category.

Red — Naked — focused foreplay, with her pleasure at the centre

When you move to the red category, you are naked. This is the foreplay category: direct pleasure with hands, mouth and toys, lubricant when helpful, and techniques that may lead to orgasm — with particular attention to building her pleasure gently and steadily. Follow response, not performance. Intercourse belongs in the purple category — move there when you are both ready.

Black — One step beyond purple — new positions and new pleasure, still safe

The black category goes one step further than purple. Here you explore your bodies more, with new positions, new angles and new pleasure — still safely, gently and within your boundaries. No anal sex. No acrobatics. Nothing that feels pressuring or too extreme. Light anal touch with one finger is possible only if you both clearly want it. Use plenty of lubricant, keep nails short, go slowly and obtain clear consent. This is always optional.

Play modes

Open play: All main categories are selected. Change category whenever you like.

First spark: 3 green cards, 2 yellow cards, 1 orange card.

Romantic round: 2 green cards, 2 yellow cards, 2 orange cards and 2 red cards.

Intimate time: 2 green, 2 yellow, 2 orange, 2 red and 2 purple cards.

Passionate round: 2 cards from every category: green, yellow, orange, red, purple and black.

Ecstatic finale: 4 orange cards, 4 red cards, 4 purple cards, 2 black cards and 2 Wild cards.

Accessories

You may use: Lubricant · Massage oil that is safe for intimate skin · Blindfold · Vibrator · Vibrating dildo · Massage wand · Womanizer or other air-pulse toy · Cock ring · Soft scarf or simple cuffs · Waterproof vibrator · Pillow · Mirror · Gentle music · Blanket · Towel · Duvet · A sturdy chair without wheels

Accessories are always optional unless you agree otherwise yourselves.

If you are unsure, use water-based lubricant with toys.

Use lubricant for direct hand stimulation, vibrator use, dryness, longer sessions, anal touch or whenever something feels like friction rather than pleasure.

Massage oil is best used on external skin. Do not use oil with latex condoms.

How to move up a level

You always begin in the green category.

When you both want more, put away the deck you are using and move to the next category. You do not need to draw a set number of cards. You can use one card, many cards, or finish whenever you like.

Pace and duration

Times on the cards are only a guide.

The cards are made for short rounds, so that you can draw several cards and get variety. You can always extend a card if you both like it, or finish earlier if that feels natural.

Afterwards

Spend a few minutes holding each other. You might say:

- one thing you liked
- one thing that felt good
- one thing you would like to do again

Glossary

perineum: The area between the genitals and anus.

edging: Building towards orgasm, slowing down, then building up again.

air-pulse toy: A toy that stimulates with air pulses rather than vibration, such as a Womanizer.

position card: A card with full guidance in six steps: setup, angle, pace, hands, check-in and adjustment.

Appendix

Position cards have a short version on the card itself. Full guidance is in the position library at the back of the complete PDF.

Print the card sheets double-sided and choose 'flip on long edge'. 200–300 g/m² matte card stock works well.